

**THE NUMBER 1 CAUSE OF  
VIOLENCE AGAINST WOMEN  
IS GENDER INEQUALITY**

**Challenge  
outdated  
ideas about  
gender roles**

**Raise boys to  
be respectful,  
kind & caring**

**EVERYONE**  
should feel  
**SAFE** at **HOME**

**Respect  
women & girls  
as equals**



**Scan to  
learn more**

**TAKE ACTION  
FOR  
GENDER  
EQUALITY:**

**Support women's  
choices at work,  
at home & at  
play**

**Call out  
disrespect  
towards  
women & girls**

**If you or someone  
you know is experiencing  
or using violence,  
help is available**

**If in immediate danger  
call 000**

**Safe Steps 1800 015 188**

24 hour Victorian crisis support  
for women and children  
[safesteps.org.au](https://safesteps.org.au)

**1800 RESPECT 1800 737 732**

24 hour national sexual assault,  
domestic and family violence  
counselling service  
[1800respect.org.au](https://1800respect.org.au)

**The Orange Door - Mallee  
1800 290 943**

9am – 5pm Monday to Friday  
Family violence and family  
support services hub  
113 Madden Avenue Mildura  
[orangedoor.vic.gov.au](https://orangedoor.vic.gov.au)

**Mallee Sexual Assault and  
Domestic Violence Service  
5021 2130**

24 hour crisis support for victims  
and their children  
[msau-mdvs.org.au](https://msau-mdvs.org.au)

**Meminar Ngangg Gimba  
(Mallee District Aboriginal  
Service) 5018 4100**

Culturally appropriate support  
for Aboriginal and Torres Strait  
Islander people experiencing  
family violence  
[mdas.org.au](https://mdas.org.au)

**inTouch Multicultural Centre  
Against Family Violence  
1800 755 988**

9am-5pm Monday to Friday  
Help for Victorian migrant and  
refugee women  
[intouch.org.au](https://intouch.org.au)

**Rainbow Door 1800 729 367**

10am to 5pm everyday  
Specialist information, support,  
and referral for all LGBTIQ+  
Victorians, their friends and  
family  
**Or text 0480 017 246**  
[rainbowdoor.org.au](https://rainbowdoor.org.au)

**Men's Referral Service  
1300 766 491**

24 hour advice and support for  
men who use family violence  
and abuse to help change what  
they're doing to keep women  
and children safer  
[ntv.org.au](https://ntv.org.au)

**Kids Helpline 1800 55 1800**

24 hour counselling service for  
young people aged 5 to 25  
years  
[kidshelpline.com.au](https://kidshelpline.com.au)



Mildura Rural City Council

**GENDER  
EQUITY  
ACTION**  
SUNRAYSA



Nov 2024